



# CONNECT FAMILY CHIROPRACTIC PREGNANCY INTAKE FORM

Today's Date: \_\_\_\_\_ HR#: \_\_\_\_\_

## PATIENT DEMOGRAPHICS

Name: \_\_\_\_\_ DOB: \_\_\_\_ - \_\_\_\_ - \_\_\_\_ Age: \_\_\_\_\_  Male  Female

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_ E-mail Address: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Social Security #: \_\_\_\_\_ Marital Status:  Single  Married  Divorced  Widowed

Spouse's Name \_\_\_\_\_ Do you have insurance?  Yes  No

Number of children and ages: \_\_\_\_\_

Name & Number of Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Who may we thank for referring you? \_\_\_\_\_

## HISTORY OF PREGNACNY

### Conception + Early Pregnancy

Due date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ How far along: \_\_\_\_\_ Gender(s): \_\_\_\_\_

Did you have difficulty conceiving? Yes No

If yes, please explain: \_\_\_\_\_

Where do you plan to deliver? Home Birth Center Hospital Other: \_\_\_\_\_

### Previous Birth Experience

Is this your first pregnancy? Yes No If no, how many pregnancies have you had? \_\_\_\_\_

Please circle ALL that apply to your previous pregnancy and / or birth experience(s):

- |                              |                        |                                   |
|------------------------------|------------------------|-----------------------------------|
| Preterm labor                | Sciatica               | Prolapse                          |
| Constipation                 | Episiotomy             | Symphysis Pubis Dysfunction (SPD) |
| Tearing – What Degree? _____ | Hyperemesis Gravidarum | Eclampsia                         |
| Malpositioning               | Preeclampsia           | Diastasis Recti                   |

Where did your previous births take place (home, birth center, hospital, etc.)? \_\_\_\_\_

### For Each Pregnancy

How long was your labor? \_\_\_\_\_

How long did you push? \_\_\_\_\_

Did you receive an epidural? Yes No

If Yes, did you ever experience symptoms related to the epidural (i.e. back pain, numbness, paralysis, etc.)?

Was your labor spontaneous or was induction required? \_\_\_\_\_

Were any interventions used? Yes No

If Yes, which? C-Section Vacuum Delivery Forceps Delivery

**Current Health Conditions**

What types of exercises are you currently performing (yoga, spinning babies, hypnobabies, etc.)?

Have you had any slips, falls, hospitalizations or other physical traumas during this pregnancy? Yes No

If yes, please explain: \_\_\_\_\_

Have you ever had a significant injury to your sacrum, coccyx, pelvis, hip, or any other significant injury or medical history that could affect your pregnancy or childbirth? Yes No

If yes, please explain: \_\_\_\_\_

Have you had any major emotional stressors during the pregnancy? Yes No

If yes, please explain: \_\_\_\_\_

**After 32nd Week of Pregnancy ONLY**

Position of baby (circle one): Head down Transverse Breech Unknown

Confirmed by and when? Palpation – Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_\_ Ultrasound – Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_\_

**HISTORY OF COMPLAINT**

| Health Concerns<br>(List according to severity) | Rate of Severity<br>(0= no pain,<br>10=unbearable) | When did this<br>problem<br>begin? | Have you had the<br>problem before?<br>When? | Are symptoms<br>constant (C) or<br>intermittent (I)? |
|---|--|------------------------------------|--|--|
| 1. _____  | _____  | _____                              | _____  | _____  |
| 2. _____  | _____  | _____                              | _____  | _____  |
| 3. _____  | _____  | _____                              | _____  | _____  |
| 4. _____  | _____  | _____                              | _____  | _____  |

Have you seen other doctors for these conditions? YES / NO

Chiropractor? \_\_\_\_\_ Medical Doctor? \_\_\_\_\_ Other \_\_\_\_\_

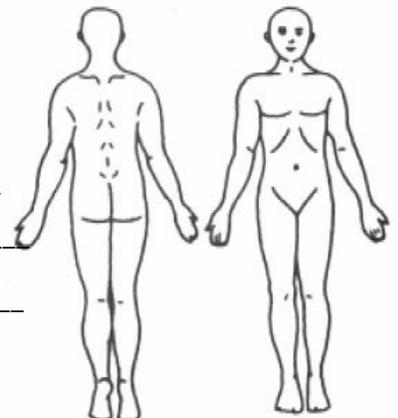
Results of treatment? \_\_\_\_\_

**PLEASE MARK** the areas on the body diagram with the following **letters** to describe your symptoms:

**R = Radiating B = Burning D = Dull A = Aching N = Numbness S = Sharp/Stabbing T = Tingling**

What relieves your symptoms? \_\_\_\_\_

What makes your symptoms feel worse? \_\_\_\_\_



Is your problem the result of ANY type of accident?  Yes  No If Yes explain: \_\_\_\_\_

Identify any other injury(s) to your spine, minor or major, that the doctor should know about:

\_\_\_\_\_  
\_\_\_\_\_

### PAST HISTORY

If you have ever been diagnosed with any of the following conditions, please indicate with:

**P** for in the **Past**                      **C** for **Currently** have

\_\_\_ Broken Bone    \_\_\_ Dislocations    \_\_\_ Tumors    \_\_\_ Rheumatoid Arthritis    \_\_\_ Fracture    \_\_\_ Disability    \_\_\_ Cancer  
\_\_\_ Heart Attack    \_\_\_ Osteo Arthritis    \_\_\_ Diabetes    \_\_\_ Cerebral Vascular

\_\_\_ Other serious conditions: \_\_\_\_\_ **If nothing applies here then please write N/A:** \_\_\_\_\_

**PLEASE IDENTIFY ALL PAST** and any **CURRENT** conditions you feel may be contributing to your present problem:

Injuries/Type of Treatment/How long ago? \_\_\_\_\_

Surgeries/Type of Treatment/How long ago? \_\_\_\_\_

Childhood Diseases/Traumas? \_\_\_\_\_

Adult Diseases/ Traumas? \_\_\_\_\_

**List Prescription drugs & Supplements you take. If none, please write N/A**

\_\_\_\_\_  
\_\_\_\_\_

### FAMILY HISTORY

1. Does anyone in your family suffer with the same condition(s)?  No  Yes **If yes, whom?**

grandmother     grandfather     mother     father     sister(s)     brother(s)     son(s)     daughter(s)

2. Any other hereditary conditions the doctor should be aware of?  No  Yes:

\_\_\_\_\_

### SOCIAL HISTORY

**1. Smoking:**  cigars  pipe  cigarettes    **How often?**  Daily                       Weekends                       Occasionally                       Never

**2. Alcoholic Beverage:** consumption occurs                       Daily                       Weekends                       Occasionally                       Never

**3. Recreational Drug use:**                       Daily                       Weekends                       Occasionally                       Never

**4. Exercise:**  Light  Moderate  Heavy                       Daily                       Weekends                       Occasionally                       Never

## ACTIVITIES OF DAILY LIVING

Please identify how your current condition is affecting your ability to carry out activities that are routinely part of your life:

**ACTIVITIES:**

**EFFECT:**

|                          |                                    |   |   |  |
|--------------------------|------------------------------------|---|---|--|
| Carry Children/Groceries | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Lift Children/Groceries  | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Climb Stairs             | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Walking                  | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Extended Computer Use    | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Sit to Stand             | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Read/Concentrate         | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Getting Dressed          | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Shaving                  | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Sexual Activities        | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Sleep                    | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Static Sitting           | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Static Standing          | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Yard work                | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Pet Care                 | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Bathing                  | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Sweeping/Vacuuming       | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Dishes                   | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Laundry                  | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Garbage                  | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Driving                  | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |
| Other: _____             | <input type="checkbox"/> No Effect | <input type="checkbox"/> Painful (can do) | <input type="checkbox"/> Painful (limits) | <input type="checkbox"/> Unable to Perform |

List Your Top 3 Health Goals:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

List Your Top 3 Pregnancy + Delivery Goals

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

\_\_\_\_\_  
Patient Signature

\_\_\_\_ - \_\_\_\_ - \_\_\_\_  
Date Completed

\_\_\_\_\_  
Doctor's Signature

\_\_\_\_ - \_\_\_\_ - \_\_\_\_  
Date Form Review

## REVIEW OF SYSTEMS

**Please mark: P for in the Past**

**C for Currently have**

**N for Never**

\_\_\_ Headaches

\_\_\_ Loss of Energy

\_\_\_ Digestive Issues

\_\_\_ Sexual Dysfunction

\_\_\_ Migraines

\_\_\_ Nervousness

\_\_\_ Diarrhea

\_\_\_ Sleep Problems

\_\_\_ Jaw/TMJ Pain

\_\_\_ Double/Blurry Vision

\_\_\_ Constipation

\_\_\_ Tight/Sore Muscles

\_\_\_ Neck Pain

\_\_\_ Anxiety

\_\_\_ Bed Wetting

\_\_\_ Sports Injury

\_\_\_ Shoulder Pain

\_\_\_ ADD/ADHD

\_\_\_ Kidney Problems

\_\_\_ Sciatica

\_\_\_ Arm Pain

\_\_\_ Loss of Balance

\_\_\_ Bladder Problems

\_\_\_ Scoliosis

\_\_\_ Upper Back Pain

\_\_\_ Depression

\_\_\_ Menstrual Problems

\_\_\_ Arthritis/Joint Pain

\_\_\_ Mid Back Pain

\_\_\_ Allergies

\_\_\_ Prostate Problems

\_\_\_ GERD/Gastric Reflux

\_\_\_ Lower Back Pain

\_\_\_ Sinus Issues

\_\_\_ Infertility

\_\_\_ Numbness/Tingling in Arms/Hands

\_\_\_ Hip/Leg Pain

\_\_\_ Frequent Colds

\_\_\_ Fibromyalgia

\_\_\_ Numbness/Tingling in Legs/Feet

\_\_\_ Knee Pain

\_\_\_ Thyroid Issues

\_\_\_ Epilepsy/Convulsions

\_\_\_ Stomach Problems

\_\_\_ Foot Pain

\_\_\_ Asthma

\_\_\_ Tremors

\_\_\_ High/Low Blood Pressure

\_\_\_ Ear Infections

\_\_\_ Chest Pain

\_\_\_ Disc Problems

\_\_\_ Difficulty Breathing

\_\_\_ Hearing Loss

\_\_\_ Heart Problems

\_\_\_ Muscle Spasms

\_\_\_ Ringing in the Ears

\_\_\_ Nausea

\_\_\_ Poor Posture

\_\_\_ Dizziness

\_\_\_ Ulcers

\_\_\_ Skin Problems

\_\_\_\_\_  
**Patient Signature**

\_\_\_\_ - \_\_\_\_ - \_\_\_\_  
**Date Completed**

\_\_\_\_\_  
**Doctor's Signature**

\_\_\_\_ - \_\_\_\_ - \_\_\_\_  
**Date Form Review**

### INFORMED CONSENT: Chiropractic Adjustments, Modalities, and Therapeutic Procedures

I have been advised that chiropractic care, like all forms of health care, holds certain risks. While the risks are most often minimal, complications such as sprains/strains, injuries, irritation of a disc condition, dislocations of joints, and although very rare, fractures, and possible stroke (estimated to be related in one in one million to one in two million cervical adjustments), have been associated with chiropractic adjustments.

Treatment objectives, as well as the risks associated with chiropractic adjustments and all other procedures provided at Connect Family Chiropractic have been explained to me to my satisfaction and I have conveyed my understanding of both to the doctor. After careful consideration, I do hereby consent to treatment by any means, method, and or techniques, the doctor deems necessary to treat my condition at any time throughout the entire clinical course of my care.

\_\_\_\_\_  
**Patient Name (print)**

\_\_\_\_\_  
**Patient Signature**

\_\_\_\_/\_\_\_\_/\_\_\_\_  
**Date**

\_\_\_\_\_  
**Witness Name (print)**

\_\_\_\_\_  
**Witness Signature**

\_\_\_\_/\_\_\_\_/\_\_\_\_  
**Date**

## NOTICE OF PRIVACY PRACTICE AGREEMENT

This office is required, by law, to maintain the privacy and security of your Protected Health Information. We must provide you with written notice concerning your rights to your health information, and the potential circumstances under which, by law, or as dictated by our office policy, we are permitted to use and disclose information about you to a third party without your authorization. Below is a brief summary of these circumstances. If you would like a more detailed explanation, one will be provided to you. Please review carefully, sign receipt of acknowledgement, and return to our front desk staff. Keep this page for your records.

### PERMITTED DISCLOSURES:

1. Treatment purposes: discussion with other healthcare providers in your care.
2. Inadvertent disclosure: open treating area means open discussion. If you need to speak privately to the doctor, please let our staff know so we can place you in a private consultation room.
3. For payment purposes: to obtain payment from your insurance company or any other collateral source.
4. For workers compensation purposes: to process a claim or aid in investigation.
5. Emergency: in the event of a medical emergency, we may notify a family member.
6. For public health and safety: in order to prevent or lessen a serious or imminent threat to the health or safety of a person.
7. To Government agencies or Law Enforcement: to identify or locate a suspect, fugitive, material witness or missing person.
8. For military, national security, prisoner and government benefit purposes.
9. Deceased persons: discussion with coroner and medical examiners in the event of a patient's death.
10. Telephone calls or email and appointment reminders: we may call your home and leave messages regarding a missed appointment or apprise you of changes in practice hours or upcoming events.
11. Change of ownership: in the event this practice is sold, the new owners would have access to your Personal Health Information.

### YOUR RIGHTS:

1. To receive an accounting of disclosures.
2. To receive a paper copy of the comprehensive "Detail" Privacy Notice.
3. To request mailings to an address different from residence.
4. To request restrictions on certain uses and disclosures and with whom we release information to, although we are not required to comply. If, however, we agree, the restriction will be in place until written notice of your intent to remove the restriction.
5. To inspect your records and receive one copy of your records at no charge, with notice in advance.
6. To request amendments to information. However, like restrictions, we are not required to agree to them.
7. To obtain one copy of your records at no charge, when timely notice is provided (72 hours). X-rays are original records, and you are therefore not entitled to them. If you would like us to outsource them to an imaging center, to have copies made, we will be happy to accommodate you. However, you will be responsible for this cost.

### COMPLAINTS:

If you wish to make a formal complaint about how we handle your health information, please call Dr. Allan Venegas. If the doctor is unavailable, you may make an appointment with our receptionist to see a doctor within 72 hours or 3 working days. If you are still not satisfied with the manner in which this office handles your complaint, you can submit a formal complaint to:

**DHHS, Office of Civil Rights, 200 Independence Ave. SW, Room 509F HHH Building, Washington DC 20201**

Effective Date: \_\_\_\_\_

***NOTICE REGARDING YOUR RIGHT TO PRIVACY continued ...***

Please complete the following where indicated and return to our front desk staff.

Patient initials: \_\_\_\_\_ - acknowledgement of privacy rights

I hereby acknowledge I have read and received a copy of Connect Family Chiropractic Privacy Practices Notice.

I understand my rights as well as the practice's duty to protect my health information, and have conveyed my understanding of these rights and duties to the doctor. I further understand that this office reserves the right to amend this "Notice of Privacy Practices" at any time in the future and will make the new provisions effective for all information that it maintains past and present.

I am aware the practice will not use or share my information other than as described here unless I have provided written authorization stating otherwise. I understand I may change my mind at any time by providing written notification to the practice.

I am aware an extended detailed version of this "Notice" is available to me upon request.

At this time, I do not have any questions regarding my rights or any of the information I have received.

Print Name : \_\_\_\_\_ Date: \_\_\_\_\_

Signature : \_\_\_\_\_ DOB: \_\_\_\_\_

Witness \_\_\_\_\_ Date \_\_\_\_\_

*We love to have pictures in our office!*

*If you would allow us to have your picture in the office, please sign below*

For valuable consideration, I hereby irrevocably consent to and authorize the use and reproduction by Connect Family Chiropractic, or anyone authorized by Connect Family Chiropractic, of any and all photographs/videos which were taken of myself and/or my child, for the purposes of promotional TV, website, social media, and/or print ad whatsoever, without further compensation to me. All negatives and positives, together with the prints, shall constitute the property of Connect Family Chiropractic, solely and completely. Any information voluntarily provided by a patient shall also be used in conjunction with the above listed information for purposes previously mentioned. Confidentiality, in regard to any reported conditions, is also waived to the extent of information pertinent to the promotion material only. I authorize Connect Family Chiropractic to share this information via their website and their social media platforms including but not limited to Facebook and Instagram, and for use in the office. All other unrelated patient information shall remain private and protected (according to Health Information and Privacy Act laws).

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



## HIPAA Personal Health Information Release

I, \_\_\_\_\_, hereby authorize Connect Family Chiropractic to discuss with and/or release information to the following people concerning my appointments, insurance, billing, and health treatment rendered.

Spouse Name: \_\_\_\_\_

Significant Other Name: \_\_\_\_\_

Parent/Legal Guardian Name: \_\_\_\_\_

Child(ren) Name(s): \_\_\_\_\_

Any Specified Person Name: \_\_\_\_\_

Information is not to be discussed with or released to anyone.

### Restrictions:

No Restrictions

Only discuss my appointment time with the above-named individual(s).

Only discuss issues concerning my account, including insurance and/or billing with the above-named individual(s).

Only discuss the health treatment rendered to me with the above-named individual(s).

### Messages:

Please call  my home  my work  my cell phone

Phone Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

If unable to reach me:

you may leave a detailed message

please leave a message asking me to return your call

\_\_\_\_\_

I understand I may terminate this consent at any time by giving written notice to Connect Family Chiropractic. Any changes to this form will require a new consent form to be completed, signed, and dated.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_